

Miles & Emma's Dog Toothpaste

www.milesandemma.com/dogtoothbrushing



Prep time: 5 minutes Set time: approx. 3 hours Yields approx. 2 oz / 4 tbsp

Ingredients

- 2 heaping tbsp virgin coconut oil
- 1 tbsp baking soda
- 1.5 tsp water
- 1.5 tsp virgin olive oil
- 3 capsules powdered kelp (optional – I like *Nature's Way* brand)

Tools

- bowl or measuring cup for mixing
- small spatula
- measuring spoons
- small whisk
- small squeeze tube or container (recipe yields approx. 2 oz)

Place jar of coconut oil into a larger bowl and fill bowl with boiling water. Let jar sit in the bowl of hot water for a few minutes to soften the oil inside of the jar. Allow to soften just enough so that about half of the oil is melted.

Measure 2 tbsp from semi-melted part of the coconut oil (should be roughly consistency of peanut butter) and place into a new bowl.

Add 1 tbsp baking soda, 1.5 tsp olive oil and 1.5 tsp water to the coconut oil and mix well with a mini whisk.

Optional - open kelp capsules and empty contents into bowl. Whisk the until smooth.

Pour mixture into container. Let sit for 3 hours or overnight until set.

Usage: Apply a small amount to a dog-friendly toothbrush or cloth and clean your dog's teeth. Re-apply 1-2 times as needed during brushing, using tiny amounts. You should not exceed more than 1/8 tsp per brushing. A little goes a very long way!

Storage: Store at room temperature. Separation may occur in warm months, simply mix before use.

Kelp: Kelp is not necessary, but adds extra dog-friendly flavor and cleaning power to the toothpaste. Contact me if you have questions about sourcing.